



January

Exams

Mid-January is exam time at Zeeland High School. In most classes, exams are cumulative tests of all the material learned the previous semester in a course and are worth 15-20% of a student’s overall semester grade. Simply put – exams are a big deal and exam time can be stressful. Therefore, it is important for students to organize their materials and their time in advance of studying for exams.

It is recommended that students sit down prior to exam week and complete the “**Exam Success Plan**” below.

For each of your classes, record the following information:

- Class: The name of the class
- Grade: What your current grade is for that class
- Weight: What your exam is worth (points, percentage of total grade, etc. – this may vary by teacher)
- Priority: Rank your five classes 1-5 with “1” being the class you need to spend the most time studying for
- Study Plan: List what you will need to study in order to do well on your final
- Materials: List the materials you will need in order to study for your final. Circle any items you currently do not have and will need to get in order to study properly.

Class	Grade	Weight	Priority	Study Plan	Materials
1 st :					
2 nd :					
3 rd :					
4 th :					
5 th :					

6 th :					
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National Collegiate Athletic Association (NCAA) Eligibility Information

What is the NCAA Eligibility Center? Why is it Important?

The NCAA Eligibility Center certifies the academic and amateur credentials of all students who want to play sports at an NCAA Division I or II institution as college freshmen. In order to practice, play and receive an athletics scholarship, students need to meet certain academic benchmarks. An additional certification process exists to make sure the student is still an amateur, which is necessary in order for the student to compete.

Academic Credentials + Amateurism Status = College Eligible

The NCAA Eligibility Center’s website is <http://www.ncaa.org/playcollegesports>. Please make sure to read through the information available at this website very carefully to fully understand eligibility criteria. The information that follows is meant to be an overview of the information available at the website and is not intended to be used instead of visiting the site.

What are the Academic Initial-Eligibility Requirements?

The following requirements must be met in order for a student to be able to practice, play and receive a scholarship at an NCAA Division I or II college or university.

Division I:

- Graduate from high school;
- Complete a minimum of 16 core courses (specific information available online);
- Present at least a 2.3 core grade point average;
- Complete 10 core courses, including 7 in English, math, or natural/physical science, before the 7th semester. Once the 7th semester starts, those 10 courses “lock” and are not allowed to be repeated or replaced to improve core course GPA.
- Present a qualifying test score on either the SAT or ACT (information available online); and
- Complete the amateurism questionnaire and request final amateurism certification.

Division I Core-Course Breakdown: (Courses must appear on Zeeland’s list of approved core courses available at the Eligibility Center’s website)

- 4 years of English
- 3 years of math (Algebra 1 or higher)
- 2 years of natural or physical science (including one year of lab science if offered by your high school)
- 1 extra year of English, math, or natural or physical science
- 2 years of social science
- 4 years of extra core courses from any category above, foreign language, or comparative religion/philosophy

Division II

- Graduate from high school;
- Complete a minimum of 16 core courses.
- Present a minimum 2.2 core-course grade-point average (GPA);
- Present a qualifying test score on either the SAT or ACT (information available online); and
- Complete the amateurism questionnaire and request final amateurism certification.

Division II Core-Course Breakdown: (Courses must appear on Zeeland's list of approved core courses available at the Eligibility Center's website)

- 3 years of English
- 2 years of math (Algebra 1 or higher)
- 2 years of natural or physical science (including one year of lab science if offered by your high school);
- 3 additional years of English, math, or natural or physical science
- 2 years of social science
- 4 years of extra core courses from any category above, foreign language, or comparative religion/philosophy

What is a core course?

A course must be:

- An academic course that receives high school graduation credit in one or a combination of these areas: English, mathematics, natural/physical science, social science, foreign language, comparative religion or philosophy;
- Four-year college preparatory;
- At or above your high school's regular academic level;
- Algebra I or higher in the math area;
- Taught by a qualified instructor.

*Please be reminded that the GPA used by the NCAA to determine eligibility is the **CORE GPA**. This is calculated by ONLY using grades from CORE classes. A student's overall cumulative GPA is NOT the same as the core GPA. Most times a cumulative GPA is higher than the core because electives are factored in and students tend to earn higher grades in elective classes. Please consult your counselor to help determine an estimate as to what your core course GPA might be.

Online Courses

Not all online courses are accepted by the NCAA as a core course. Edgenuity classes offered at school for credit recovery are NOT eligible courses. Students who opt to take online classes through Michigan Virtual HS should consult with their counselor to check on eligibility.

Test-Score Information

Official Test Scores

Test scores must be reported directly to the Eligibility Center from the SAT or ACT. Test scores will not be taken off transcripts or from a student score report. *When the student registers for the SAT or ACT, he/she needs to include the Eligibility Center code of 9999 so the test comes directly to the Eligibility Center at no extra charge.*

Minimum Test Scores

In both Division I and Division II, there is a sliding scale of test score and GPA. (see information online)

Multiple SAT or ACT Scores

The Eligibility Center will mix and match scores to achieve the best result. For example, if a student takes the ACT more than once, the Eligibility Center will use the best English, math, reading, and science sub scores from different test dates to get the student the best result.

Timeline

11th Grade

- Register to take the SAT (all students in the State of Michigan are required to take the SAT as part of the Michigan Merit Exam in the spring of the junior year and will register for it at school – taken free of charge). **IMPORTANT** - Be sure to list the NCAA's Eligibility Center code (9999) as a score recipient.
- Double check to make sure the courses you've taken match your school's NCAA list of approved core courses.
- Register with the NCAA Eligibility Center at <http://www.ncaa.org/playcollegesports> and complete the amateurism questionnaire.
- Request your official transcript be sent to the Eligibility Center at the conclusion of the junior year. This can be done by creating an account with Parchment, an online transcript delivery service. Instructions are available at our website – <http://counseling.zps.org>
- Prior to registering for classes for the senior year, check with your guidance counselor to determine the amount of core courses that you need to complete your senior year.
- Retake the SAT or take the ACT, if desired. Scores from either the SAT or ACT are used for eligibility.

12th Grade

- Retake the SAT if necessary (or take the ACT if desired). The Eligibility Center will use the best scores from each section of the SAT or ACT to determine your best cumulative score.
- Continue to take college-prep courses.
- Check to make sure the courses you've taken match your school's NCAA list of approved core courses (available at the Eligibility Center's website).
- Review your amateurism questionnaire responses and request final amateurism certification.
- Continue to work hard to get the best grades possible.
- Graduate on time (in eight academic semesters).
- After graduation, request that your final transcript be sent to the Eligibility Center with proof of graduation. This is done through Parchment.

Download the "Guide for the College Bound Student Athlete" at <http://www.ncaa.org/playcollegesports> for additional information on becoming a college athlete.

For information concerning athletic eligibility/scholarships for colleges in the National Association of Intercollegiate Athletics (NAIA) (ex. Aquinas, Cornerstone), please visit <http://www.playnaia.org>.